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Lac la Biche Herald

Vol. 12, No. 49 | Section One— | EDMONTON, ALBERTA, SATURDAY, DEC. 15, 1962 | 10c PER COPY

ST. HUBERT, QUE., Vigilance Maintained. During the festive season RCAF Air Defence Command, as part of Norad, will maintain round the clock vigilance. However, on behalf of children everywhere, fighter controllers will scan their radar scopes for signs of Santa Claus. Could a little reminiscing bring a sleigh drawn by eight reindeer into the sky with the CF-101s? It seems this way at an RCAF Pinetree Line Radar Site.

Mrs. S. Hamar Re-elected Prexy Lac la Biche United Church Women

LAC LA BICHE—The annual meeting of the United Church Women was held at the home of Mrs. E. Woynarowich, Dec. 3, with 24 members present. Co-hostesses were Mrs. H. McCormick and Mrs. H. Linnell.

Guests included Mrs. Dodd's daughters, Mrs. Phyllis Young of Dawson Creek and Mrs. Shirley Lychuk; also Mrs. Keith Janowsky, Mrs. A. Mastaler, and Mrs. C. Calvert.

The meeting opened with Rev. D. Autin as chairman. The 1962 convener and committee reports were read.

Election of officers was held. The nominating committee was composed of Mesdames Shanks, Woynarowich and Linnel.

Officers for the coming year are as follows: President, Mrs. S. Hamar, re-elected; vice-president, Mrs. J. Stefanyk, re-elected; secretary, Mrs. H. Lett; treasurer, Mrs. E. Woynarowich; Christian citizenship, Mrs. F. McMillan; notice convener, Mrs. M. York; community friendship and visiting convener, Mrs. H. Linnel; missionary education convener, Mrs. H. Mawson; finance, Mrs. M. Lett; card and flower, Mrs. H. McCormick; literature and communications convener, Mrs. Paul Gaberal; manse, Mrs. John Stefanyk; nominations, Mrs. L. Gargus; press and publicity, Mrs. H. Linnel; program, Mrs. E. Makowichuk; social functions and catering, Mrs. J. Hamar; hospital convener, Mrs. E. Makowichuk.

A Christmas party followed the business session. Rev. Autin showed a few slides of his European trip. J. Olstad played the role of Santa Claus and distributed gifts to all present.

Optometrists Attend ACO Annual Meeting In Miami, Dec. 5-12

LAC LA BICHE—Local optometrists, Dr. Ralph W. LeDrew and Dr. James G. Rowand left by air for Miami, Florida on Friday last. They will be attending the annual meeting of the American Academy of Optometry in Miami from Dec. 5 to Dec. 12.

Dr. Rowand will be taking part in seminars and demonstrations in contact lens work and Dr. LeDrew will be presenting a paper "Management of Strabismus" based on one hundred case studies of cross-eyed patients which he has treated.

Following the meetings in Miami Dr. LeDrew will proceed to Bogota, Columbia, to attend the first annual congress of graduate optometrists in Columbia (Primer Congreso Colombiano de Optometria). In Bogota, Dr. LeDrew will give a paper on "Binocularity" stressing the enhancement of vision which results from efficient use of the two eyes.

Lac la Biche

In a recent item on awards, it was incorrectly stated that Sylvia Strashok received 71 per cent in her departmental exams. This should read 81 per cent.

A number of friends from here attended the opening service in the new Sunday School building at Owl River donated by C. W. McFarland. Several took part in the service which was well attended by district folks as well. The hall will fill a need in the community.

Mrs. Marie Durocher, formerly of Penticton, B.S., has taken up residence in her new home in the Richard subdivision.

Mrs. Strashok Elected President Ukrainian Women's Association

The Ukrainian Women's Ass'n of Lac la Biche held its regular and annual meeting on Tuesday, Dec. 4 at the home of Mrs. A. Ewanchuk. Fourteen members were present with Mrs. I. Tkachuk presiding.

The new executive for 1963 is as follows: President, Mrs. E. Strashok; vice-president, Mrs. E. Stefanuik; secretary, Mrs. J. Zaluzny; treasurer, Mrs. J. Wowk; committees, hospital, Mrs. H. Lobay and Mrs. A. Ewanchuk; dishes, Mrs. J. Zaluzny; special committee, Mrs. S. Tkachuk, Mrs. J. Salahub, Mrs. H. Pohranychny; committee representing the church, Mrs. I. Tkachuk, Mrs. J. Salahub; auditors, Mrs. P. Shipka, Mrs. S. Tkachuk, Mrs. J. Salahub; committee for candles, Mrs. N. Woycheckowsky, Mrs. J. Ewanchuk.

The meeting concluded with a lunch served by Mrs. A. Ewanchuk and co-hostess Mrs. J. Salahub.

The two delegates, Mrs. J. Zaluzny and Mrs. J. Salahub, who attended a two-day provincial convention in Edmonton, expressed their thanks to the organization for choosing them as delegates. Mrs. J. Zaluzny gave a most interesting report on the convention and hoped that next year more women could attend.

Mrs. Rose Wowk, in her financial statement for 1962, stated that $612 were spent during the year and $200 was donated to the church.

During the course of the annual meeting all members of the executive and all committees gave a report of the 1962 activities. Mrs. I. Tkachuk, past-president, extended thanks to all the mmebers for their splendid co-operation in the past year.

An account of the life of public service rendered by the late Joseph Miville Dechene can be read in Alberta Country Life, Dec. 15 issue.

DREAMLAND THEATRE
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Fri. & Sat., Dec. 14 & 15—
"A Majority of One"
In Technicolor
Starring: Alex Guinness, and Rosalind Russell
Shows start at 8 p.m.

ATA Ceremony Welcomes Teachers

The regular meeting of the Lac la Biche Local ATA was held on Dec. 1. An induction ceremony was held to welcome the following to the teaching profession; Miss Kay Ponich, Miss Joanne Cote, Wilfred Makowichuk, R. Gervais.

Frank Shymko, principal of the Myrnam School and regional director of the ATA was guest speaker. Attending as special guests were Mrs. Shymko, R. McMillan, also on the teaching staff at Myrnam, and Mrs. McMillan, and Supt. E. Torgunrud and Mrs. Torgunrud. Teachers in the division and their escorts all enjoyed a social evening together.

Local Man Charged Attempted Murder

LAC LA BICHE — The trial of Eugene Monias, charged with attempted murder was held in the court room at Lac la Biche, Dec. 6, Magistrate Franchuk presided. The prisoner was charged with discharging a gun at his brother-in-law, Joe Cardinal during a family fracus at Mile 224, Sept. 15.

The victim is the 16 year old son of Mary Ann Cardinal. At the time of the quarrel, he received a severe wound in the shoulder. He was brought to Lac la Biche Hospital by helicopter, attended by Dr. Brosseau and the RCMP from McMurray and transferred within an hour to a mercy plane which flew him to University Hospital, Edmonton.

At the trial which occupied the day, eight witnesses testified including four members of the RCMP and four civilians.

The accused will stand trial before a court in Edmonton early in the spring, because of insufficient evidence at this trial.

Jacques Labonte Awarded Prizes At Beef Club Achievement Day

The Plamondon 4-H Beef Calf Club held a successful achievement day.

A total of 14 calves paraded before the judge, Peter Jamieson of Edmonton. A red Shorthorn owned by Jacques Labonte was selected as champion.

Leo Piquette showed the reserve champion Hereford calf. Leo was also awarded the showmanship trophies by Joe L'Heureux.

The best dressed calf was exhibited by Emile Schaub.

Reed Gauthier won the awards for the calf gaining the most during the feeding period and for the judging competition.

A total of five trophies was offered by the Plamondon business men.

Businessmen at Lac la Biche contributed five awards: Imperial Bank of Commerce, Lac la Biche, silver tray; Plamondon Co-op Ltd., trophy; Agricultural Society, Plamondon, halter.

These awards were won by Jacques Labonte for the champion calf.

Pelican Hotel, Plamondon, trophy; United Grain Growers, Lac la Biche beef concentrate. These awards were given to Leo Piquette for the reserve champion.

Agricultural Society, Plamondon, trophy; T. Eaton Co. Ltd., Edmonton, a book, Livestock Feeding. Leo Piquette won these awards for showmanship.

Plamondon Mercantile, trophy; Lions Club, Lac La Biche, trophy. These awards were won by Reed Gauthier for calf gaining most weight and judging competition.

Eugene Plamondon, garage, Plamondon, trophy. Emile Schaub won this award for the best dressed calf.

Awards in money were given by Stewart Drugs, Treasury Branch, Wheat Pool agent, all of Lac la Biche.

The calves were sold at the Edmonton public stockyards. The 4-H members were at the stockyards to see the marketing of their calves.

The sponsors, the Plamondon Agriculture Society, expressed their appreciation to the 4-H members, to the donors of trophies and awards, and to those attending the achivement day.

This concluded the successful season of the Plmaondon 4-H Beef Calf Club.

Plans have been made for the 1962-1963 season. There are 12 members enrolled in this season's 4-H Beef Calf Club. Their first meeting is on Dec. 14.

AURORA THEATRE
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Fri. & Sat., Dec. 14-15—
"KETTLES at WAIKIKI"
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Mon. & Tues., Dec. 17 & 18—
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Drama
Starring Richard Widmark, Sonja Zieman, Charles Regnier
Suspense, excitement abound in this tense drama of Hungarian underground work . . . Richard Widmark in his most daring role as an adventurer for hire. Showing at 8:30 each evening.

Wed. & Thurs., Dec. 19 & 20—
"THE KING AND I"
In Technicolor and Cinemascope
Here's Yul Brynner. Deborah Kerr Here's that picture you have been waiting for . . .Showing at 8:30 each evening.

Fri. & Sat., Dec. 21 & 22—
"SAIL A CROOKED SHIP"
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Starring Ernie Kovacs, Robert Wagner
One of the funniest features ever to hit our screen . . . You just will not want to miss this one. Showing at 8:30 Friday and 7 and 9:15 on Saturday.

LAC LA BICHE HERALD

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Lac la Biche and District Dental Survey Compiled

By A. J. DACYSHYN

Statistics from the 1962 Health Unit summer dental program have been completed and have indicated the seriousness of the dental situation in the district. The statistics show six big points:

1. Severe tooth decay was seen in most of the outlying L.L.B. district and L.L.B. itself with the exception of Plamondon where the children showed few decayed teeth. (Keep up the good work Plamondon.)

2. Seventeen out of 463 of 1.27 children examined had no caries.

3. In the other 446 children, there were 3,424 diseased, extracted and filled teeth in the baby teeth, and 1,126 diseased, missing, and filled teeth in the permanent teeth.

4. Tooth decay was most severe in seven-year-olds where on the average nine out of 18 baby teeth were decayed, and at least two out of six permanent teeth were decayed. That is, in a mouth with 24 teeth, the seven-year-olds had approximately 11 decayed teeth.

5. One child in every 12 had crowded teeth in his upper jaw which would require the care of a dentist to correct the condition, and one child in every seven had the same condition in his lower jaw which also required the help of a dentist.

6. One child in every 77 had a bad habit (thumbsucking, mouthbreathing,) which damaged the child's mouth in one way or another.

In an effort to demonstrate the seriousness of these findings, several points are of particular interest:

Dental ills can affect, in many ways, our general health and well being from infancy to old age. This is particularly true of the vital years of growth and development. Still, dental disease is the commonest of man's afflictions: and, in many instances, is accepted as a sort of necessary evil. This need not be—most dental disease can be prevented or controlled. However, for this to happen, people must be aware of and actively concerned with the dental health problem, and they must know what to do about it.

WHAT IS DENTAL HEALTH?

Dental health to many means simply tooth decay: but there are other common dental ills. Dental diseases may be roughly divided into four major groups:

(a) Dental Caries (tooth decay) with its nagging discomfort, acute pain and infection and eventual loss of the tooth and its function.

(b) Malocclusion (crooked teeth). These teeth do not function properly; they detract from appearance and can result in damage to the supporting tissues.

(c) Periodontal Diseases (pyorrhea) are diseases affecting the gum and bony parts of the jaw that supports and hold the teeth. Discomfort, pus pockets, bone loss, unsightly bleeding gums and eventual loss of the tooth and its function are the result of untreated periodontal disease.

(d) Infections and Abnormalities. Cleft lip and palate, cancer, partial or complete absence of tooth formation and acute and chronic infection of the mouth are some of the conditions that come under this heading.

It is important to consider these conditions not only in terms of their own undesirable effects, but also for the effect they have upon the general health of the individual.

WHY IS DENTAL HEALTH IMPORTONT?

Many of these conditions, if neglected, can develop into a serious stage with little or no warning and thus have lasting effect upon an individual's health, physically and emotionally. Poor dental health can have the following effects:

(a) The child with diseased and broken teeth chooses food easy to eat and thus his nourishment suffers.

(b) Germs from an infected mouth may be carried to other parts of the body and there cause further infection, such as rheumatic fever.

(c) Emotional effects are also involved. The social life of the child may be disrupted because he is tired, irritable and suffering from toothache or the embarrassment of unsightly teeth. This often prevents him from joining freely in social ac-

(Continued on Page 7)

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HYLO
Sunday—
Sunday School and Worship Service, 2:30 p.m.
Thursday—
Religious Instruction, 3:00-3:30
Young People's Meeting—Every Second Friday, 8:00 p.m.

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School Committee Studies District Problems, Policies

ATHABASCA — Deputy Chairman George Weldon presided at the recent three-day Athabasca School Committee meeting, as chairman Ed Parr was in hospital. A. C. Hansen of Boyle, who replaced Stan Zayezierski as representative of the village of Boyle, was present at the meeting. The first two days he observed, but on the last day of the meeting he acted in his official capacity.

BURSARY

The sub-committee reported the bursary agreement re-draft has not yet been completed. The purchase of a truck for county and school committee work was reported. The awards committee made no report as the chairman was away. The committee okayed the payment of transportation and a grant in regard to retarded children.

In regard to the caretaker at Smith School, Mrs. Price, the present caretaker, will continue until January 1, when Mr. Price will take over the duties. A report was made on arrangements on bus route No. 11. This dealt with an extension of bus No. 42 in Smith, and authorization of a second trip to avoid an overload.

Arrangements have been dropped for the overture concerts.

School bus conveyance policy, classification of school bus routes were left. The latter will be re-opened in the spring when there is no snow on the roads.

A sub-committee was appointed to make arrangements, set date, etc. for a teachers' banquet. The outstanding teacher awards is to be given further study.

The report of the junior high school inspectors was left.

FINANCIAL STATEMENT

A detailed financial statement was presented and it indicated the school committee was well within the budget, but probably by the year end some sections may be over-expended.

No action was taken on letters regarding insurance from Jubilee Insurance Agencies, nor on offer of appraisals from Sunalta Appraisals Ltd. Letter were received from the health unit and from Mrs. B. McCutcheon, thanking the school committee for the use of the school.

Two delegations were received. No action was taken.

The sub-committee of the county and of the teachers had met in regard to negotiating salary, but did not arrive at any settlement and will meet again.

COUNTY TEACHERS

The report of M. G. Gault, superintendent of county schools, was heard. There are 102 teachers in the county he said. Of these 31 are new appointees in the system. Six are bursary students, 8 are ex-teachers living in the county who returned to teaching, two are from other areas of the province and 10 from other provinces in Canada. Five come from other countries. He stressed that besides the 31 new appointees, there were many transfers within the system which places many teachers in a new situation, which made their work and his more challenging.

Mr. Gault expressed the opinion that typing was not too beneficial to students when taken by correspondence. Due to the shortage of commercial teachers, a number of students are taking the correspondence courses. There was general discussion about the advisibility of a vocational training school. He reported on the organization of schools; the completion of local projects, and the steps being taken to remedy various conditions as soon as possible.

PUPIL DROP OUTS

A pupil drop out system has been set up in county schools and a sub-committee is being formed to draft regulations relating to a policy of attendance of high school students.

It was reported that several businesses had been canvassing the school contrary to the School Act. This is not allowed.

Mr. Gault made a detailed report on his trip east and to the USA to recruit teachers for the county.

Two applications for bursaries were approved. Roy Gouchey was approved as a bus driver when extra-curricular activities involved transportation by bus.

Bus routes were extended where necessary to accommodate new pupils who had recently moved to the county.

Various routine requests were received from the schools: a request for heating of a teacherage will be checked; a garage will be lined by the county crew; skating rinks are being put in shape for the season; the pianos will be tuned.

CONVEYANCE

Considerable discussion centred around conveyance of pupils, spare bus drivers and extra mileage. In all, seven different conditions were covered.

The presentation of the Davidson-Lund cup will be reviewed, and will be given a new name and will be used for outstanding students.

The cultural activities branch of the department of economic affairs were to meet with representative groups in the Civic Building on Dec 7 at 8 p.m. R. E. Hall, George Weldon and Ed Loxam were to attend.

An executive meeting of the ASTA Zone 2 will be held Dec. 14 at 1 p.m. in the Masonic Temple, and R.E. Hall was delegated to attend.

The religious soul who can answer all life's questions should be left in bliss.

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Charge of Breaking And Entering

LAC LA BICHE — Frank Manaj of no fixed abode, appeared for preliminary hearing in magistrate's court in Lac la Biche on a charge of breaking and entering the Michael Hamar store last week.

The accused was apprehended by town police assisted by the RCMP after gaining entry to the store by a back window in the early hours of the morning. An accomplice involved in the breaking, made his escape through the front door.

Manaj had only been released from Prince Albert Goal, Nov. 23rd, after serving a 6 year term for his part in a daylight bank holdup.

At the preliminary hearing he elected trial by judge and his case will come before the supreme court in Edmonton early in the New Year.

A. Harpe Elected CMA President

The Fort McMurray CMA held its annual meeting Sunday, Dec. 2, with 13 members present. Officers elected were; president, Arthur Harpe; vice-president, Andre Gaudet; and secretary-treasurer William Masuak.

It was decided to hold a turkey and ham bingo Dec. 21, at 8 p.m. in the St. John's School Auditorium. It was also decided to play for the jack-pot bingo with 57 numbers to be called. The jack-pot bingo is now worth $98.

Slides Shown At Church Meeting

LAC LA BICHE — The regular monthly meeting of the Free Church Woman's Missionary Society was held Dec. 4th at the home of Mrs. J. Philips.

Mrs. Wesley Creighton brought the devotional message of the evening. A letter was read from Rev. Len Newell, who with his wife are missionaries under Wycliffe Bible translators in the Philipines. Mrs. Philips showed interesting slides taken by her sister and brother-in-law, Dr. and Mrs. Norman Copeland, of their work with the Baptist Mission in Baccogi, Ethopia.

Plans were made to bring Christmas cheer to several needy families in the form of clothing, gifts and food hampers.

Roll call was an article for an orphan child in Korea.

The next meeting will be Jan. 8 at the home of Mrs. N. Bobocel.

Curling Club Notes

LAC LA BICHE — At a general meeting of the Men's Curling Club Dec. 6 plans were made to hold their opening bonspiel the second week in December, weather permitting. People are free to enter their own teams for this bonspiel only.

Fees have been set at the rate of last year, men $16; ladies $11 with the fees to be paid by Jan. 1.

Normandeau

Mrs. Lucian Charest has returned home after undergoing surgery in the St. Catherine's hospital.

Albert Lamoureux has returned to Edmonton after visiting his parents, Mr. and Mrs. Omer Lamoureux.

Spruce Valley

Peter Homeniuk motored to Opal recently to attend the auction sale held on his father farm. His parents, Mr. and Mrs. Wasyl Homenuik have retired from farming and have moved to Edmonton.

Mr. and Mrs. P. Koltowski and Sylvia of Edmonton were recent visitors here visiting with the P. Homenuik family.

While here they also attended the Farmers' Union supper and bingo.

Mike Chomiak of Edmonton visited at his farm here last week.

The big game hunters are back home again, each one coming home happy with his kill.

Mr. and Mrs. Nick Zilinski were recent visitors to Athabasca.

Karl Zilinski is home again but will soon be going to B. Zilinski saw mill at Kinuso, where he will be driving a truck.

Peter Koltowski has sold his farms here to Louis Zilinski. Two high-boy transport trucks from Edmonton arrived here last Wednesday and moved Mr. Koltowski's machinery to his farm near Edmonton.

Mr. and Mrs. Peter Zuber motored to Edmonton last weekend.

Good Position

Said one Englishman to another. "If you looked at a postage stamp how could you tell that we will never lose a war?"

"I don't know."

"Because the King is on the side that doesn't get licked."

Church Notices

Ukrainian Orthodox Church service for the month of December will be held in the following places. Time of the Liturgical Service is 10:00 a.m.

Sunday, Dec. 16, (Praznik of St. Andrew), Lac la Biche.

Wednesday, Dec. 19, (St. Nicholas), Noral.

Saturday, Dec. 22, (Annun. of Virgin Mary from Ann), Sarrail.

Sunday, Dec. 23, Grassland.

Sunday, Dec. 30, Wandering River.

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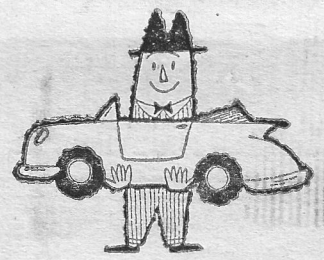

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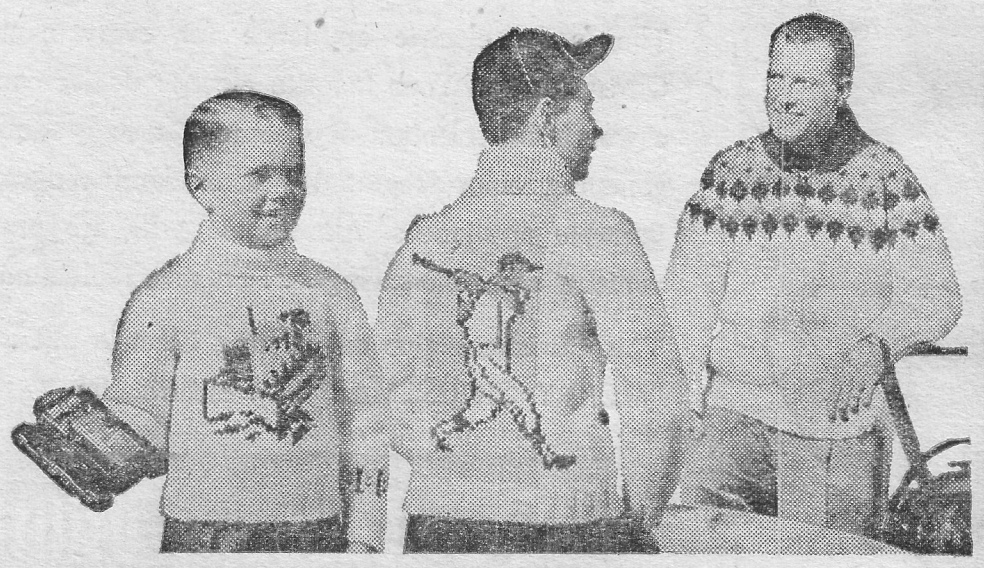

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SEE THESE AND OTHER NEW PATTERNS ON DISPLAY AT OUR WOOL COUNTER NOW!
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$2 Per Year In 1864 Weekly Newspapers

Weekly newspapers may have come a long way in the last century in terms of promotion claims, but subscription prices have certainly not kept pace.

The Markham Economist and Sun, entering its 107th year of publication, went back into old files recently and did some research.

In an 1864 edition the editor boasted the Economist had "the largest circulation of any country newspaper in Canada," and "reaches a class of subscribers, as an agricultural people, second to no other on the Continent of America." The subscription rate at that time was $2 per year in advance, otherwise $2.50.

Church Notice

Anglican Church of Canada
December 16
Rev. W. A. Swinton

LAC LA BICHE—
Holy Communion ..... 9:00 a.m.
Morning Prayer ..... 11:00 a.m.
RICH LAKE—
Family Service ..... 2:00 p.m.

Lac la Biche

The United Church Sunday school will hold their white gift service for beginners, primary and junior classes on Dec. 16 at 10 a.m. Each child is asked to bring a gift.

Mr. and Mrs. Humphrey Senetza attended parents' night at Alberta College Nov. 30, where they met Rev. Hart Canteion, principal of the college. Their daughter Anita is a student at Alberta College and returned with them to spend the weekend at her home.

A ladies curling club has been formed with Mrs. H. Senetza as president, Mrs. L. Shewchuk, vice-president and Clara Sunawichuk, secretary. Twelve rinks have been organized and a round robin hopes to get under way the 12th of Dec., weather permitting.

Mr. and Mrs. Alex Proctor have their little granddaughter, Ruthie Zakaruk, of Whitecourt visiting with them for a few weeks.

E. Dodds is recuperating at his home here, following surgery on his knee at the Dawson Creek Hospital. Mr. and Mrs. Dodds were driven home by their daughter, Mrs. Phyllis Young of Dawson Creek as soon as her father was able to travel.

The Evangelical Free Church Sunday school will hold their Christmas concert in the Memorial Hall Dec. 21 at 7:30 p.m. All departments of the Sunday school will be taking part. There will be a play by the Young People's group. Everyone is welcome.

Hospital News

LAC LA BICHE — Patients admitted to St. Catherine's Hospital, December 1 to 8 were:

Mrs. Paul Tardif, LLB Mission; Andrew Duban, Herman Olson, Conklin; Leonard Cardinal, Myrtle Cardinal, Olga Cardinal, Philomena; Mrs. Joe Cheechan, Chard; Ann Gauthier, Plamondon; Agatha Castor, Mrs. Justin Byrkelo, Joe Mried, Brian Calliou, Kikino; Raymond Huppie, Grandin; Margaret Dakin, Atmore; Mrs. Gabriel Ladouceur, Plamondon; Rosie Cardinal, Philomena; Robert Allan Booker, Mrs. Bessie Dent, Amesbury; Mrs. Herman Harpe, Br. Jos Vary, LLB Mission; Mr. Hans Aasborg, Rich Lake; Mr. Raphael Tremblay, Mrs. Oscar Tremblay, Ernest Cardinal, Valerie Cote, Plamondon; Lucille Cardinal, Philomena; Miss Claire Michaud, Mrs. Steve Leach, Robert Desjarlais, Barnegat; John Cardinal, Caslan; Mrs. Hebert Thompson, Briereville; Albert Schaub, Plamondon.

CRADLE ROLL

Born to: Mr. and Mrs. Orest Bereska, a boy, Dec. 5; To Mr. and Mrs. Romeo Plamondon, Plamondon, a girl, Dec. 5.

Venice

The Little Singers of the Wooden Cross from St. Paul under the direction of Fr. Benoit sang Mass on Friday night, then gave a concert in the basement of the St. Ann Church, which was enjoyed by many parishioners.

Edmond and Denise Lefebvre and Bob Beaverford from Edmonton spent the weekend visiting at the home of Mr. and Mrs. William Lefebvre.

Christopher Biolls from the St. Mary's Home in Edmonton spent the weekend with his parents.

Several men of this district have been going big game hunting and few report success.

Fort McMurray

Fr. Lesage has returned after spending two and one-half months in Montreal visiting relatives. Fr. Brault who replaced Fr. Lesage during his absence, has returned to Chard.

David and Jack Leirdal returned from holidays recently after having spent more than a month sightseeing and visiting friends and relatives in Edmonton, Stettler, Jasper and Kimberley. David, being an ardent photographer, returned with some beautiful 35mm slides of his trip.

Mr. and Mrs. D. Powell, are receiving congratulations upon being proud parents of a baby girl born in St. Gabriel's hospital.

Whist Notes

NORMANDEAU—A buffet supper and whist drive held recently in the Normandeau Community hall was sponsored by the Ladies of St. Anne.

Prizes were awarded to, ladies' first, Miss Cecile Lamoureux; second, Mrs. Frank Dechaine, St. Lina; consolation, Mrs. Roger Durocher; men's first, Felix Rozzoli, Lac la Biche; second, Edgar Gervais, Creighten; consolation, Paul Turgeon.

Door prize was awarded to Daniel Charboneau of St. Lina.

Lunch concluded the meeting.

Voters ought to have sense enough not to be influenced by false issue raised by candidates who are afraid of real facts.

Helina

Visitors at the home of Mr. and Mrs. John Suhan were Mr. and Mrs. Dan Balan of Medicine Hat.

Mr. and Mrs. Mike Onciul and family of Edmonton visited at the home of Mr. and Mrs. Dave Onciul over the weekend.

Mrs. Mabel Onciul, Perry and Dennis have moved to Golden, B.C.

Mr. and Mrs. Lewellyn Schoff of Quesnel, B.C. visited at the home of Mr. and Mrs. George Onciul.

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All combine to make that important appointment one of sheer enjoyment.
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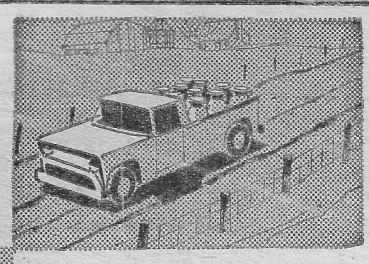
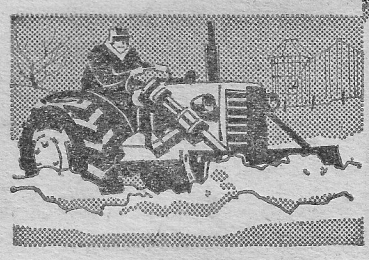
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CHARLES LEBAS
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GOODYEAR SUBURBANITES
Get TRACTION and SAFETY ALL WINTER LONG

SEE US FOR NEW LOW PRICES
Go safe, go sure through slush, mud or deep snow. Get Suburbanites, made only by Goodyear. See us today and save!
DAVE and RICHARD'S TIRE and RADIATOR SHOP
Phone 155 LAC LA BICHE Alberta

During rehearsal for an opera on the stage of Chicago's Civic Opera House, a cleaning woman is carried away and mitates the steps of Maria Tallchief (right, white costume).

I. Tkachuk Elected President Ukrainian Orthodox Church

The Ukrainian Orthodox Church of Lac la Biche had their regular monthly service, after which a dinner was served by the Ukrainian Woman's Ass'n.

All those present remained for the annual meeting which lasted several hours. The new executive for 1963 is as follows: President, I. Tkachuk; vice-president, E. Kupchenko; secretary, Mrs. J. Zaluzny; treasurer, Mrs. E. Stefanuik.

Since Mrs. F. Strashok was unable to attend the meeting and give a report on the Western Diocese Convention of the Ukrainian Greek Orthodox Church, Rev. Stefanuik gave an excellent report covering all local problems and responsibilities that the reverends face in difficult parishes. He stressed the importance every parish plays in making their donations to the building of a new Saint Andrew College in Winnipeg and the bishops' residence in Edmonton.

Plamondon

Mr. and Mrs. Otto Schwitz and family are spending the winter at R. H. Pollock's camp where they will be employed for the winter.

Frederick Plamondon and his ive sons have returned from the Foothills area where they spent some time hunting. They report a pleasant trip.

Mrs. Martin Schaub is a patient in the Edmonton General hospital where she underwent surgery.

A tridium was held in St. Isidore's church for all the ladies of the parish. Rev. Fr. L. Levesque, CSSR, diocesan chaplain of the Ladies of Ste Anne gave the sermons.

Many persons from here attended the turkey bingo in Atmore. Among the winners were Simone Girard, Jerome Plamondon. Douglas Plamondon, Mrs. John Genoud and Bert Plamondon.

Farmers' Union Holds Supper And Bingo

SPRUCE VALLEY — On Dec. 1 the Spruce Valley Farmers' Union Local No. 330 held its annual supper and bingo.

The evening began when Dan Gawalko, president, made a short speech welcoming the guests with a few well chosen words. A full course supper was then served buffet style.

After supper games of bingo were played and winners were: Mrs. Nadia Korbut, two ivy planters and a kitten ornament, 3 games; Miss Virginia Gawalko, a covered candy dish; Allan Mahaden, a tumbler set; Mrs. John Wolak, crystal vase; Miss Adeline Skawronik, deer ashtray; Mike Homeniuk, pink plastic bowl;

Joe Drezick, muffin tin. An out-of-town guest won a pyrex casserole.

Mrs. Nick Bereziuk was the winner of an electric boudoir lamp in the full card bingo. The consolation prizes in this game went to Bill Sheremata, Electric lamp, and Adeline Skawronik, a tumbler set.

Mrs. Jacqueline Matoga was the winner of a dog bank ornament in the Chinese auction game.

Mr. Gawalko then expressed thanks to the guests for participating in the games, after which everyone enjoyed a midnight buffet style full course meal and coffee.

After the lunch, a meeting was called to order and Emil Zachkewich was nominated as a delegate from Spruce Valley Local 330 to attend the Farmers' Union convention beginning Dec. 10 and throughout the week.

Egg Lake

Mrs. Jos. Girard and her son Edmond spent a few days in Edmonton lately, visiting her other children, Charles, Alice and Jeanne.

Fernand Amiot and Gary Larocque of Edmonton spent a couple of days visiting at the home of Mr. and Mrs. L. G. Amiot recently.

Jos. L'Heureux, Maurice Lebeuf and Omer Duperron went hunting and returned with a moose each.

Albert Girard is having water and sewer system installed in his home. He had also some land cleared on his farm.

Phyllis Amiot spent a few days in hospital, but is home feeling better.

Mr. and Mrs. Armand Ostoguy of Edmonton visited here a couple of days and Mrs. L. G. Amiot returned with them to do her Christmas shopping in Edmonton.

Properly advertised a good product will sell; unadvertised it may or may not sell.

Surprise Party For Charles Boulanger

GOURIN — A surprise birthday party was held recently for Charles Boulanger on his 27th birthday.

Friends and relatives first gathered together and then went to the home of Charles Boulanger as a surprise. He was presented with many fine gifts.

The enjoyable evening was spent dancing to the music of Mrs. Alvey Gauthier and Mrs. Charles Boulanger, playing accordians.

Lunch was served.

IN THE EVENT OF SORROW . . . THE
Athabasca Funeral Service Ltd.
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Office at Boyle every second and fourth Tuesday.

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¾ Poplar 4x8 Sanded $4.95
5/16 Plywood, Std. $2.59
⅛ Masonite, 4x8 ..... $1.69
⅜ Poplar, Rough, 4x8 ..... $2.25
Bunch of Used Doors, 1¾". Same with glass ..... $4.00 & $8.00
1 Beaver Lathe, new Zonalite Loose Fill $1.40
275 Low Slope Shingles ..... $8.75 Good as long as stock lasts (3 bundles)
1 Garden Cultivator, as new $89.00
1 Coal & Wood Stove, used ... $100
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ARE YOU PREPARED for WINTER?

Old man winter will be here any day. Then it will be too late to check your heating system. Why WAIT for Spring, DO IT NOW . . .
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GOVERNMENT OF THE PROVINCE OF ALBERTA
PUBLIC SALE OF LANDS UNDER THE TAX RECOVERY ACT, R.S.A., 1955

COUNTY OF ATHABASCA NO. 12

Notice is hereby given that under the provisions of The Tax Recovery Act, the County of Athabasca No. 12 will offer for sale by public auction at the County Office of the Secretary-Treasurer, in the Town of Athabasca, Alberta, on Monday, the 31st day of December, 1962, at 2 o'clock in the afternoon, the following parcels of land:

Pt. of Sec.	Sec.	Tp.	Rge.	M.	Area
Pt. S.W. (C. of T. 15-X-86)	32	66	17	4	158.47
Pt. N.W. (C. of T. 230-P-167)	9	67	17	4	157.42
Pt. N.E. (C. of T. 104-X-191)	31	64	18	4	158.97
Pt. S. W. (C. of T. 105-X-191)	5	65	18	4	126.19
Pt. S.W. (C. of T. 156-Q-177)	32	65	18	4	158
N.W.	22	67	18	4	160
Pt. S.W. (C. of T. 226-J-105)	20	68	18	4	13.17
N.E.	24	67	19	4	160
Pt. N.W. (C. of T. 51-P-133)	24	67	19	4	159.14
S.E.	24	67	19	4	161
Pt. S.E. (C. of T. 100-P-180)	29	65	20	4	158.90
N.E.	28	66	20	4	159
N.W.	18	69	20	4	160
Pt. S.W. (C. of T. 193-P-141)	14	64	21	4	155.99
Pt. N.E. (C. of T. 223-O-175)	27	64	21	4	150
S.E.	27	64	21	4	160
N.E.	1	69	21	4	160
Pt. S.E. (C. of T. 19-J-130)	18	69	21	4	158.57

Pt. of Sec.	Sec.	Tp.	Rge.	M.	Area
S.E.	20	64	22	4	160
Pt. N.E. (C. of T. 127-Z-133)	1	66	22	4	157
Pt. N.E. (C. of T. 29-A-127)	31	66	22	4	141.2

East Heights

Lot	Block	Plan
3	1	2878AL

Pt. of Sec.	Sec.	Tp.	Rge.	M.	Area
Pt. N.E. (C. of T. 250-Q-152)	24	67	22	4	155.935
S.W.	13	63	23	4	160.
N.W.	17	64	24	4	161

Lone Pine Beach

Lot	Block	Plan
2	3	4871HW

Pt. of Sec.	Sec.	Tp.	Rge.	M.	Area
Pt. L.L. (C. of T. 199-A-166)	7	67	24	4	96.38
Pt. S.W. (C. of T. 30-F-158)	26	66	25	4	129.7
Pt. N.E. (C. of T. 204-T-169)	20	67	17	4	.91

Rochester

Lot	Block	Plan
7 and 8	1	5619BK

Each parcel will be offered for sale, subject to the approval of the Minister of Municipal Affairs, and subject to a reserve bid and to the reservations and conditions contained in the existing Certificate of Title.

Terms: Cash.

Redemption may be effected by payment of all arrears of taxes and costs at any time prior to the sale.

Dated at Athabasca, Alberta, this 6th day of November, 1962.

W. J. LESKIW,
Secretary-Treasurer.

NEW and USED MACHINERY
1953 Super Six IHC Tractor, nice shape $1550
1953 AR JOHN DEERE, complete with hydraulics, overhauled $1250
14T JOHN DEERE BALER.
Good assortment of 3- & 4-furrow plows.
450 IHC GAS TRACTOR.

NEW and USED AUTOS
1959 FORD Sedan, overhauled $1250
1958 PONTIAC $1100
1957 PONTIAC, Automatic $950
1957 DODGE SEDAN $650
1958 IHC ½-Ton TRUCK $925
1956 GMC ½-Ton $675
1952 DODGE 1-Ton $475
1950 FARGO $450

Central Sales & Service
Your John Deere G.M.C. Dealer
Phone 6 or Res. 39 BOYLE, Alberta

DENTAL SURVEY COMPILED

(Continued from Page 2)

tivities. The full benefits of social and business opportunities in adult life may also be denied to the person with poor dental health.

PREVENTION AND CONTROL OF DENTAL CARIES

Preventative measures have proven an excellent means of reducing and controlling diseases such as diptheria, tuberculosis and smallpox. There is no inoculation for the prevention of dental caries but there are means of prevention. In many instances these involve a change in attitudes and habits before better dental health can be achieved, therefore, education is of prime importance.

MEANS OF PREVENTION

(a) Sound nutrition, diet and eating habits.

(b) Proper mouth hygiene, including toothbrushing.

(c) Early and regular examination and care by the family dentist.

(d) Topical application of fluorides (painting the teeth with fluoride solutions) and

(e) Fluoridation — the controlled mechanical addition of fluoride to public water supplies to the optimum amount of one part per million (in Alberta).

To be most effective all these preventive measures should be routinely used.

DIET AND EATING HABITS

Diet refers to the actual selection of foods we eat daily. The major factor of diet with regard to tooth decay is the eating of the readily fermentable carbohydrates — the sugar sweetened foods and drinks and highly refined carbohydrates, such as candy of all sorts, jams, jellies, honey, sweet drinks, and pastries. The form of these foods, the time and frequency of eating (eating habits) are also important.

"Sticky sweet" foods are most harmful to the teeth. "Sweets" should be avoided between meals and before bedtime except on special occasions. The teeth should be cleaned immediately after eating, if possible by brushing, or if this is not practical by taking a drink of water and swishing it vigorously in the month.

TOOTH BRUSHING

Tooth brushing will reduce dental decay most effectively when it is done within five minutes after eating and should be done after all meals and snacks, particularly if sweet foods are eaten. However, brushing your teeth upon arising and before going to bed is a good habit of personal hygiene. Rinse the mouth vigorously with water after eating if you cannot brush. Finish meals with crisp fruits and vegetables.

Parents are advised to help their children with tooth brushing starting about age three. Children under 10 years of age will require some supervision and checking.

Apart from the health value, encourage tooth brushing simply for the sake of good personal hygiene.

If this article has been read carefully by all, the dental health of you and your family should be so revised that you and yours should, shall and will prosper in good health.

For further information regarding "Effective Methods For Preventing Tooth Decay", write to the Dept. of Public Health in Edmonton, or see your district nurse.

(The forgoing survey was compiled by Mr. Dacyshyn, who was one of the two dentists who ably operated the Mobile Dental Unit for the Athabasca Health Unit during the months of June, July and August, 1962.—Editor's Note.)

A man who reads two newspapers a day reads a lot of newspaper in the course of a year.

CORRECTION

Allen McBain Lumber Discount House Prices are good for the month of December not as previously quoted in the December 8, 1962 edition of Alberta Country Life.

Hylo

Joe Michetti returned from a trip to Edmonton and reported that the road is icy, especially from Boyle to Caslan.

Mr. and Mrs. Alex Moshuk motored to Edmonton last week where they visited the former's mother, who is ill in the General hospital.

Sam Fomuk of Grande Prairie paid his annual visit with friends in the district.

Dr. K. W. Tenove
Chiropractor
Ph. MI 5-3159, St. Paul
for Appointment.
In BONNYVILLE ALL DAY MONDAY; In ST. PAUL TUES. to SATURDAY NOON.

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Insure Today! Tomorrow may be too late
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Dine Out Tonight
Enjoy life more, add graciousness to your everyday routine and treat the family to a delicious meal.
CHINESE FOODS OUR SPECIALITY.
YORK HOTEL
COFFEE SHOP
Dick Wong, Manager
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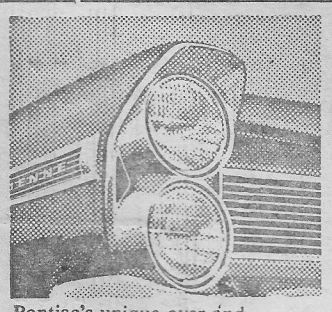
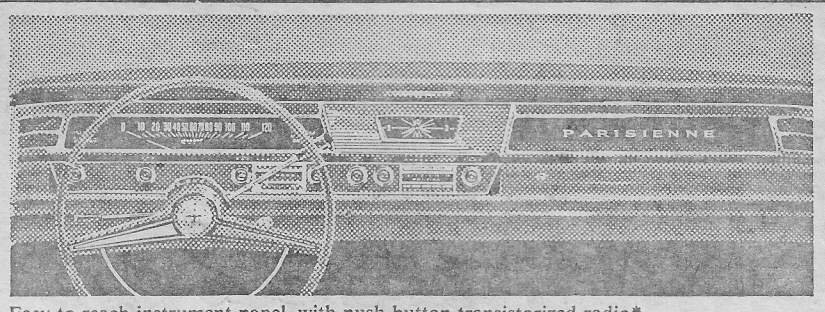
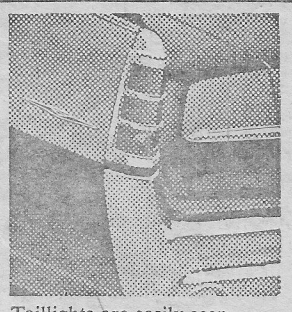
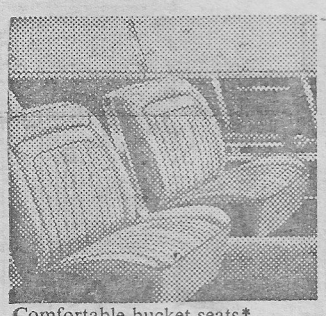

Pontiac's unique over-and-under headlights.

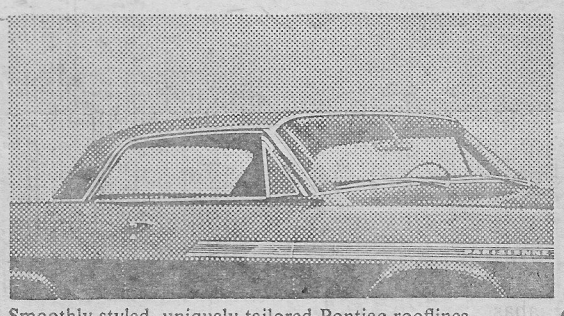


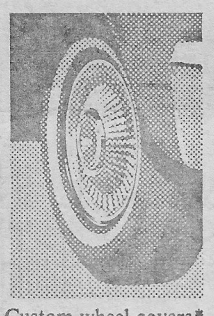
Easy-to-reach instrument panel, with push-button transistorized radio*

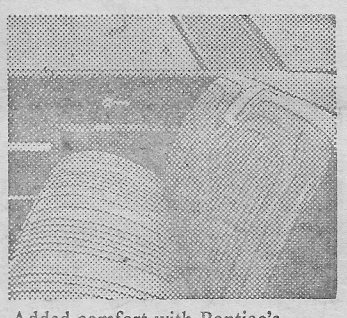

Taillights are easily seen from side and rear.

WHO BUT PONTIAC COULD


Comfortable bucket seats* available on some models.


Smoothly styled, uniquely tailored Pontiac rooflines.


Custom wheel covers* add elegant appeal.


Added comfort with Pontiac's spacious rear seat.

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A GENERAL MOTORS VALUE

Compare...'63 PONTIAC explodes the myth that cars have to be expensive to look it!

P-463C

Pontiac is '63's most stylish car with its over-and-under headlights, clean flowing lines and its sleek rear deck. Other ways it's ahead? In comfort for 6; in luxury appointments; in performance—a standard 6 or a full range of V8's. See Pontiac's 33 models in 9 series, soon.

'63 PONTIAC

THE CAR THE OTHER '63's WISH THEY LOOKED LIKE

Whitewall tires optional at extra cost **optional at extra cost*

Be sure to watch "The Tommy Ambrose Show" on the CBC-TV network. Check local listings for time and channel.

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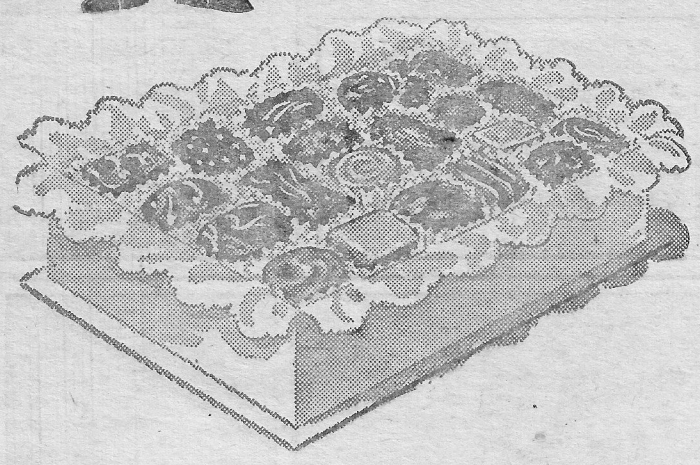

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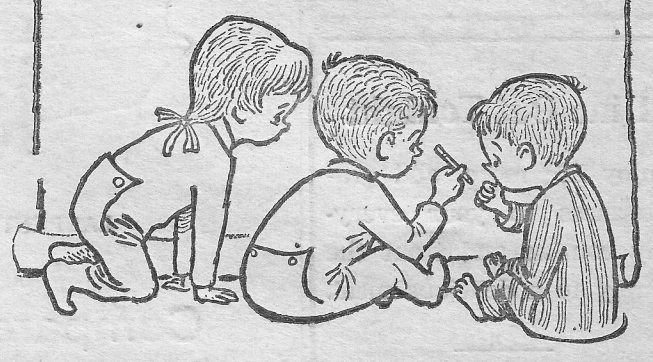
ALUMINUM ROASTER
25 lb. Turkey
Size $6.25

BOYS' FLANNEL
SHIRTS $1.59

BOYS'
PANTS $1.99



SANTA will be at

MIKE HAMAR'S

from 1 to 3 p.m. on SATURDAY, December 15

LAC LA BICHE Alberta